

▪ Registered Nurse ▪

ICU/Critical Healthcare Provider

Dedicated Registered Nurse offering 11 years of healthcare experience, advanced expertise in acute medical care, and a commitment to patients.



- **Deliver compassionate and patient-centered care.** Ensure patients' physical, mental, and emotional health concerns are at the forefront of every decision; consistently apply superb critical-thinking skills to excel in nursing duties.
- **Utilize a multidisciplinary healthcare approach in all settings.** Determine the best patient care options throughout each stage of treatment planning, implementation, and evaluation; adhere to safety and regulatory guidelines.
- **Certifications:** ACLS Certification, EKG Certification, and CPR Certification.

AREAS OF EXPERTISE

*Critical Patient Care
Patient Assessments
Treatment Evaluation
Medication Administration
Acute Medical Care
Patient & Family Support*

Professional Experience

ST. JOHN HOSPITAL • Dallas, TX **INTENSIVE CARE UNIT (ICU) NURSE** May 2011 – Present

Provide acute care for critically ill patients and accurately identify individual patient needs. Offer emotional support to patients and their family members; educate on health maintenance, follow-up care, and prevention. Develop and implement patient care plans in conjunction with physicians. Expertly utilize and adjust cardiac monitoring systems, including ventilator therapies, intra-aortic balloon pumps (IABP), and ventricular assist devices (LVAD and RVAD).

- **Increased patient satisfaction from 79% to 89%** as a key member of the Patient Satisfaction Committee.
- **Recognized for responding calmly in volatile situations and maintaining a nurturing atmosphere for patients.**

LANE HOSPITAL • Ft. Worth, TX **SURGICAL NURSE** Jan. 2010 – Apr. 2011

Provided nursing care to patients undergoing scheduled and emergency surgical procedures. Consulted with physicians to provide treatments to recovering patients. Monitored vital signs and assessed patients' responses to treatments.

- **Decreased post-surgical urinary infections 26%** by implementing new safeguards in urinary catheterization.
- **Enhanced nursing time management and consistency of care** by updating swing-shift nursing guidelines.

HEALTH SERVICES, INC. • Dallas, TX **HOME HEALTH NURSE** May 2004 – Dec. 2009

Provided one-on-one nursing care within patients' homes. Assessed health and wellbeing by evaluating physical, mental, and environmental issues; provided nursing intervention for at-risk patients. Completed health histories and assessed living arrangements. Coordinated a broad range of healthcare services provided by external personnel.

- **Improved patient mental health assessment process** by refining suicide watch policies and procedures.
- **Trained colleagues in assisted living techniques**, including use of a cane and hygiene alterations.

Education & Licensure

Bachelor of Science in Nursing (BSN); UNIVERSITY; City, ST; 2004
Licensed Registered Nurse (RN); Texas; May 2004

